

Type	Subcutaneous Immunotherapy (SCIT)	Sublingual Immunotherapy (SLIT)
Medication Cost	Variable based on insurance	~\$1,000 per year
Insurance Coverage	Yes, yet still responsible for deductible and co-payments	No
Risk	Yes, there is a risk of an injection site localized reaction, asthma flare-up or anaphylaxis	Very minimal risk of mouth swelling or rash
Pain	May be 1-3 shots which can cause pain	None
Location of Treatment	Administered in our office only	Your home
Frequency of Administration	Once a week initially	Once a day placing drops under tongue for 2 minutes then swallow
Duration of Treatment	3-5 years	3-5 years
Effective	Yes-80% alleviated allergy symptoms	Yes-80% alleviated allergy symptoms
Compliance	30-50% Patient dependent	80-97% Patient dependent
Asthma	Prevention in Children	Prevention in Children



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Sublingual Immunotherapy (SLIT) Information



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About Your Allergy Drops

Once you complete all allergy testing, and you and your physician decide upon allergy drops, we will start mixing your build-up and treatment drops. You will need to pay for your allergy drops when they are ordered. When your allergy drops are available, you will be called to come to the Allergy Department and pick them up.

The first dose will be administered in the office to make sure you tolerate the drops. If there is no reaction after the 10 minute waiting period, you will continue taking your drops at home using the directions provided.

When your drops are getting low, you will need to notify the office. Please allow 2 Weeks for mixing. You should schedule a follow up visit with the doctor as you near the end of your vial. You can order and pay for your new drops over the phone when you call to schedule the appointment.

Taste

Most patients report minimal taste to the drops. The allergens are placed in a 50% glycerin preservative, so they may have a sweet taste. Occasionally some patients report a more noticeable taste, but it is rarely bothersome.

Side Effects

Side effects to allergy drops are minimal. You may experience some under the tongue itchiness, slight numbness, or a tingling sensation. You may also notice some stomach discomfort. If you experience any side effects, call the Allergy Department for directions.



Allergy Drop Therapy

Sublingual Immunotherapy (SLIT)

This is an Allergy Drop Therapy, and has been shown to be effective against all types of allergens.

Because drops are very safe, they can be used at home. Drops naturally suppress the allergic part of the immune system without significant side reactions. Drops should be used daily for a stronger and quicker result.

Drop therapy continues for 3-5 years while your immune response to allergens changes.

Administering Drops

ALWAYS stand in front of a mirror to watch the drop fall beneath the tongue. Do not eat, drink, shower, or exercise 20 minutes before/after taking your drops.

Instructions:

1. Give the vial a gentle shake.
2. Place drop (s) underneath the front of the tongue, hold the drop in your mouth for 2 minutes, and swallow.

If you miss a dose, pick up where you left off but DO NOT try to make up any missed doses. If you miss more than one week, please contact the clinic for a revised schedule.

Travel and Storage

Drop vials may be kept at room temperature in a convenient place out of direct sunlight. You may keep your vial in the refrigerator for longer potency.

You may travel with drops but you must take special precaution to ensure your vial does not leak. If you are making plans to travel, place them in a zip-lock bag and make sure the clip is on the spout as it was when delivered to you.



RE-ORDERING DROPS

Each allergy drop vial is scheduled to be around a 12 week supply after you've reached maintenance. The schedule used to track your drop usage will inform you when it is time to re-order your drops. Drops may be re-ordered by calling ENTOffice. You may arrange payment over the phone, or come to the clinic to make the payment. Please allow two weeks to receive your new vial.

CAN I SWITCH FROM ALLERGY INJECTIONS

Yes, with an order from your physician at ENTOffice. However, it is not advised to switch back and forth because therapy will not be as effective.



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POLLENS



MOLDS



DUST MITES



PET DANDER